



**PAIN
EDUCATION
SOCIETY**

**Please join the Pain Education Society and the
Café of Life, Mill Valley, for a dynamic
educational event:**

**“Continuity of Care - Eastern and Western
Philosophies to care for the patient in pain”**

Saturday, October 17, 2009

8:00 AM - 3:30 PM

Boyle Park Golf Course Clubhouse, Mill Valley

5.5 Contact Hours*

.55 PT CEUs (application on file with the CPTA) - Basic Level of Instruction

5.5 ACCME Category 1, PRA CME Units available

*Credit hours commensurate with actual session hours attended

Participating Faculty:

Jenn Messina-Deitch, NASM, CPT - Café of Life, Mill Valley

Josh Deitch, DC - Café of Life, Mill Valley

Christopher Harper, PT - Mountain Land Physical Therapy

Rodney Hescong, PT- Mill Valley Physical Therapy and Sports Rehabilitation

Holly Kelly, MD - Marin Orthopedics and Sports Medicine

Topics to Include:

- ❖ Healthy Mindfulness and Focus - 45 minute pilates session
- ❖ Orthopedics and the Athletic Patient
- ❖ Eastern and Western Medicine Co-existing - Continuity of Care
- ❖ Geriatric Orthopedics
- ❖ Pain Management
- ❖ Panel discussion
- ❖ Special athletic and therapeutic taping session

Sessions will include an integrative yoga session with premier pilates instructor, Jenn Messina-Deitch, NASM, CPT of the Café of Life, Mill Valley. Wear comfortable clothing that you can move in as well as a yoga mat, water and a towel. Lunch will be provided and is included in the session price.

All proceeds from this meeting will benefit the Pain Education Society - a not-for-profit charitable organization. Visit us on the web at: www.paineducationsociety.org.

For more information and to register for sessions, please contact Michelle Byers:
MichelleByers@roadrunner.com or cell: 415-518-5391 or visit: www.paineducationsociety.org

