

Registration begins @ 8am! – Please wear comfortable clothes for pilates and a yoga mat if you have one. If not, please bring a towel 😊.

Directions to Mill Valley Boyle Park Golf Course Clubhouse:

From Hwy 101:

Take the East Blithedale exit into Mill Valley

Turn right on Carmelita

Turn right onto Buena Vista

At the fork in the road – stay to your left

Go up the hill – parking to your left and right

We're looking forward to seeing you soon!